GRAND RAPIDS GRIFFINS YOUTH FOUNDATION



2020 PLAYER RETURN TO PLAY PROTOCOLS

Established 1 November 2020

Return to Play and Health Protocols

In order to comply with all local, state and federal orders and/or guidelines, the Board of Directors of the Grand Rapids Griffins Youth Foundation (GYF) establishes the following protocols to mitigate the spread of the Coronavirus.

Pre-Season

- A. Players will receive their equipment (except for skates and stick) prior to the start of the season. Each player will be responsible for care and cleaning of the equipment until it is returned at the end of the season.
- B. Players are expected to exercise and stretch daily in order to begin the season as fit as possible in order to reduce potential injury and maximize practice/game time. A list of stretches and physical activities are posted on the GYF website.

Season

- A. <u>If a player has any signs of illness, the player shall stay home</u>. <u>Or, if a player has had direct exposure to an individual who has tested positive, that player shall refrain from attending any activities for a period of 14-days from contact with that individual.</u>
- B. Players arriving to practice/game time shall do the following:
 - 1. Complete and submit an online questionnaire prior to arriving at the rink. Players failing to do so, shall not be admitted to the building.
 - 2. Players are to arrive at the building ONLY at their scheduled time. A list of arrival times will be posted on the GYF website.
 - 3. The player shall enter the building with all gear on (except helmet, skates and sticks) and ready to play. The only exception shall be for goalies who may put their leg pads on in the locker room.
 - 4. Be masked at all times while in the building and on the ice. There are no exceptions. A list of acceptable facial coverings will be posted on the GYF website.
 - 5. Prior to entering the building, players shall have their temperature taken, must use hand sanitizer and enter at the designated door way. A record of the date, arrival time and exit time will be made.
 - 6. Any player with a temperature over 100 degrees will not be admitted.

- 7. Once admitted to the building, players will be expected to maintain social distance at all possible times, including getting their skates, sticks and while tying their skates in the locker room.
- 8. Once fully dressed, players will enter the ice rink for their practice or game.
- 9. For all divisions except Olympians and World Juniors, practices will be limited to two teams on the ice. The past practice of four teams power skating together will not occur this year.
- 10. Players will need their own water bottle and will not share equipment at any time.
- 11. After game hand shake lines will not be allowed; instead the GYF will institute a stick tap between opposing teams.
- 12. Players will come off the ice and return skates and sticks. Players will then immediately exit the building at the designated exit.
- C. The Community/Education room will be closed for use or gatherings.
- D. Concession sales are prohibited.
- E. Any in-person fund raising activities will follow all local, state and federal orders/recommendations.
- F. Any rules established by rink management will be communicated to players, parents, coaches, volunteers and are to be followed.

Parental Role

- A. Parents entering the building to assist with tying skates will be required to follow the same entry protocols as the players and remain masked at all times.
- B. Parents should encourage GYF mitigation strategies to their player including:
 - 1. Maintaining social distance and wearing a mask at all times;
 - 2. Sanitize hands upon entering the building;
 - 3. Avoid touching of face and sneeze/cough into the elbow;
 - 4. No sharing of equipment or water bottles;
 - 5. Regular washing of practice jersey, socks and disinfecting equipment.

C. If your player tests positive for COVID-19 and had attended a practice/game within 14 days of the positive test, GYF staff must be immediately notified of such result.

Communication of Positive COVID-19 Test

If the GYF is informed of a positive COVID-19 test of any player, coach, staff member, volunteer or parent, GYF will communicate with all others who may have had contact with the positive individual as soon as possible. GYF will also report to the Kent County Health Department or any other agency as may be required. The anonymity of the individual who received the positive test will be maintained and applicable HIPPA protocols will be followed.

In the event a player tests positive, GYF will take appropriate measures and such measures may include cancellation of one or multiple teams' practices and games for as long as deemed necessary and appropriate.

The government response for mitigating measures to the pandemic are constantly evolving, GYF will amend these protocols as necessary or required.